

LMES

Cafeteria Manager: Keysa Bice
706-857-6130

March

School Nutrition Director: Brandie Wooten
706-859-3054
bwooten@chattooga.k12.ga.us

TUE		WED		THU		FRI	
Student Meal Prices: Elementary Students: Middle/High Students: Full-Price Lunch: \$2.00 Full-Price Lunch: \$2.15 Reduced-Price Lunch: \$0.40 Payments can be made in cash, check, or online at: www.linqconnect.com						1 Chili w/ PB&J Sandwich Saltine Crackers Salad w/ Dressing Broccoli & Cheese Fruit & Choice of Milk	
5 Spaghetti w/ Garlic Bread Salad w/ Dressing Corn on the Cob Fruit Choice of Milk		6 Cheeseburger OR Hotdog Lettuce/Tomato/Pickle French Fries Green Beans Fruit & Choice of Milk		7 BBQ Chicken Chunks Mashed Potatoes Mac & Cheese Cornbread Fruit Choice of Milk		8 Egg Salad OR Tuna Salad OR Turkey & Cheese Sandwich Side Salad w/ Dressing Snack Pack Carrots Crackers Fruit & Choice of Milk	
12 Tomato Soup w/ Grilled Cheese Green Beans Salad w/ Dressing Fruit Choice of Milk		13 Sloppy Joe Sandwich OR Chicken Tenders Fries Baked Beans Fruit Choice of Milk		14 Chili w/ Fritos Carrots w/ Ranch Steamed Veggies Fruit Choice of Milk		15 Soft Tacos (2) Lettuce/Tomato Refried Beans Queso Cheese Fruit Choice of Milk	
19 Pizza Salad w/ Dressing Vegetable Blend Fruit Choice of Milk		20 Spaghetti w/ Garlic Bread Corn Carrots w/ Ranch Fruit Choice of Milk		21 Chicken Nuggets w/ Roll Green Beans Cubed Potatoes Fruit Choice of Milk		22 Chicken Sandwich Lettuce/Tomato/Pickle Chips Fruit Choice of Milk	
26 Soft Tacos (2) Lettuce/Tomato Shredded Cheese Taco Sauce Black Beans & Corn Fruit & Choice of Milk		27 BBQ Sandwich Baked Beans Slaw Pickles Fruit Choice of Milk		28 Sweet & Sour Chicken Fried Rice Roasted Vegetables Fruit Choice of Milk		29 Chicken & Waffles w/ Syrup Easter Eggs Potato Smiles Fruit Choice of Milk	
Menu is subject to change without notice. This Institution is an equal opportunity provider.				Serving Sizes for Each Menu Item: Vegetables—3/4 cup min Fruit—3/4 cup min Milk—1 cup Meat/Meat Alt.—2 oz min Grain—2 oz min.			

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TUE		WED		THU		FRI	
<div>Student Meal Prices:</div> <div>Elementary Students: Middle/High Students:</div> <div>Full-Price Breakfast: \$1.10 Full-Price Breakfast: \$1.10</div> <div>Reduced-Price Lunch: \$0.30</div> <div>Payments can be made in cash, check, or online at:</div> <div>www.linqconnect.com</div>						<div>1</div> <div>Ham & Cheese Biscuit OR</div> <div>Egg & Sausage Scramble w/ Toast</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>	
<div>5</div> <div>Biscuit & Gravy</div> <div>OR Jelly Biscuit</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>6</div> <div>Strawberry Bagel OR</div> <div>Pancake & Sausage Stick w/ Syrup</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>7</div> <div>Breakfast Pizza</div> <div>OR Muffin w/ String Cheese</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>8</div> <div>Mexican Scramble Bowl w/ Biscuit</div> <div>OR Cereal Bowl</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>	
<div>12</div> <div>Chicken Biscuit</div> <div>OR Pop-Tart</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>13</div> <div>Blueberry Pancakes w/ Syrup</div> <div>OR Honeybun w/ String Cheese</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>14</div> <div>Breakfast Pizza</div> <div>OR Cereal w/ Cheese Toast</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>15</div> <div>Scrambled Egg & Cheese Biscuit</div> <div>OR Cereal Bar</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>	
<div>19</div> <div>Steak Biscuit</div> <div>OR Pop-Tart</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>20</div> <div>French Toast w/ Syrup</div> <div>OR Cereal Bar</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>21</div> <div>Breakfast Pizza</div> <div>OR Honeybun w/ String Cheese</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>22</div> <div>Chicken Biscuit</div> <div>OR Cereal w/ Toast</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>	
<div>26</div> <div>Bacon & Egg Biscuit</div> <div>OR Cereal Bar</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>27</div> <div>Apple Cinnamon Toast w/ Syrup</div> <div>OR Apple Strudel</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>28</div> <div>Breakfast Pizza</div> <div>OR Pop-Tart</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>		<div>29</div> <div>Mexican Scramble Bowl w/ Toast</div> <div>OR Steak Biscuit</div> <div>Assorted Yogurt</div> <div>Assorted Juice</div> <div>Fruit & Choice of Milk</div>	
<div>Menu is subject to change without notice.</div> <div>This Institution is an equal opportunity provider.</div>				<div>Serving Sizes for Each Menu Item:</div> <div>Vegetables—3/4 cup min</div> <div>Fruit—3/4 cup min</div> <div>Milk—1 cup</div> <div>Meat/Meat Alt.—2 oz min</div> <div>Grain—2 oz min.</div>			